

The 2015 Education Day will provide an overview for patients, families and caregivers on advancements in the treatment of Huntington's disease. The interactive agenda is designed to share information and to provide new

perspectives from clinicians, physicians and researchers who are leading the way in the development of innovative services and programs.

REGISTRATION FOR THE SYMPOSIUM IS FREE, BUT RSVP IS REQUIRED.

# To RSVP —

Call 502-582-7654 or email:

UofLPhysicians@ULP.org

Subject Line: Huntington's Disease Patient Symposium

Include the following information: Name, Address, Telephone , Email Address, and number of guests

## About University of Louisville Physicians

UofL Physicians – Parkinson's Disease and Movement Disorders, a division within UofL Physicians - Neurosciences, is committed to the development of new advancements and treatments that improve the lives of patients suffering from Huntington's Disease and other movement disorders.



#### Parkinson's Disease and Movement Disorders

201 Abraham Flexner Way Louisville, KY 40202

Phone: 502-582-7654

www.UofLphysicians.com

This event is funded by the Huntington's Disease Society of America through an unrestricted educational grant from Lundbeck and a national sponsorship by Teva.





We would also like to thank Gentiva Home Health and Rehab Medical, and Vaccinex for their support of the symposium.





# HUNTINGTON'S DISEASE 2015 PATIENT EDUCATION DAY

# SATURDAY, OCTOBER 3, 2015 9AM TO 2PM

RUDD HEART & LUNG BUILDING CONFERENCE CENTER 201 ABRAHAM FLEXNER WAY



# Location RUDD HEART & LUNG BUILDING CONFERENCE CENTER 201 ABRAHAM FLEXNER WAY • LOUISVILLE, KY



# Agenda

- 9:00 AM **Registration and Breakfast**
- 9:30 AM Welcome and Introduction
- 9:45 AM HD Research Update: A Time of Promise and Hope (Kathrin LaFaver, M.D.)
- 10:15 AM Your Genes and You: Perspectives on Huntington's Disease from a Genetic Counselor (Pamela Brock, MS, CGC)
- 10:45 AM **COFFEE BREAK**
- 11:00 AM Memory Issues in Huntington's Disease (Daniel Claassen, M.D., Vanderbilt University)
- 11:30 AM Breakout Sessions:

#### Session A:

Exercise for HD – Live Demonstration (Kathy Paper, PT, MPT)

#### Session B: Meditation for HD – Quieting the Mind (Amy Gonshak, Ph.D.)

- Noon **LUNCH BREAK:** HDSA Advocacy: Speaking Up for HD! (Cathy Saliga, LCSW)
- 1:00 PM Feeling Sad and Angry: What Can You Do About It? (Ben Schoenbachler, M.D.)
- 1:30 PM **Breakout Sessions:**

#### Session A: Lundbeck HD Ambassador

Session B: **Talking with Kids About HD** (Courtney Smith, Ph.D.)

2:00 PM Adjourn

# Speakers



Kathrin LaFaver, M.D. Dr. LaFaver is the Raymond Lee Lebby Chair in Parkinson's Disease Research, Director of the Movement Disorder Clinic and Assistant Professor of Neurology at the University of Louisville. She is a member of the American Academy of Neurology, International Movement Disorder Society and the Parkinson's and Huntington's Disease Study Groups. She is the primary investigator of several research studies for movement disorders at UofL.

## Daniel Claassen, M.D.

Dr. Daniel Claassen is an Assistant Professor of Neurology at Vanderbilt University and a neurologist specializing in the care of patients with neurodegenerative disorders, with particular interest in patients with cognitive dysfunction and movement disorders. He is the Director of the Vanderbilt Huntington Disease Center of Excellence. He is the primary investigator on clinical trials in Huntington's disease, and serves on the Huntington's Disease Society of America Affiliate Board of Tennessee.

## Ben Schoenbachler, M.D.

Dr. Ben Schoenbachler is a native of Louisville who received his medical degree from the University of Kentucky. After combined residency training in Neurology and Psychiatry at Tulane University, he joined the faculty of the University of Louisville where he serves as an Associate Professor in the Department of Psychiatry.

## Pamela Brock, MS, CGC

Pamela Brock is a board-certified Genetic Counselor at the University of Louisville and KentuckvOne Health. She received her Master of Science in Genetic Counseling at University of Pittsburgh. Her clinical focus is on helping families in the decision-making process regarding genetic testing options, and interpreting test results in the context of the family history.



### Courtney Smith, Ph.D.

Courtney Smith is a psychologist at Frazier Rehab Institute. Dr. Smith completed her doctoral training at the Wright Institute in Berkeley, Calif., and her pre-and post-doctoral fellowships in Child Clinical and Pediatric Psychology at the University of Louisville School of Medicine.

### Amy Gonshak, Ph.D.

Amy Gonshak is a Licensed Psychologist at the Frazier NeuroRehab Program. She has clinical and research experience in the application of holistic approaches to healing including the cognitive, physical, and emotional benefits of meditation and mindfulness practice.



## Kathy Paper, PT, MPT

Kathy Paper is a graduate of St. Louis University with a bachelor's degree in physical therapy. She is a 1986 graduate of Boston University with an advanced Master of Physical Therapy degree with a neurological rehabilitation specialty. Additionally, she has completed Allied Team Training for Parkinson's Level I and II.

# Cathy Saliga, LCSW

Cathy Saliga is a Licensed Clinical Social Worker who has been working for over 10 years with families affected by Huntington's disease. She is the social worker for the Huntington's Disease Society of America/ Kentucky Chapter.



